

DETOX WHAT-TO-PACK LIST

Please note: All patient belongings will be searched. Please keep it simple. **Patients are responsible for the safety and care of all their belongings!** Patients in detox are not permitted visitors or phone calls.

- **PATIENTS MUST BRING PHOTO ID AND INSURANCE CARD**

- Minimal clothing should be worn (t- shirt, underwear, sweatshirt/jacket, etc.). Patients will wear the same pair of shoes they are wearing for admission. Patients will be provided with scrubs to wear during their stay in detox.

- **PATIENTS SHOULD PACK ONLY ONE SMALL BAG!** This bag can contain:
 - Toiletries (toothbrush, toothpaste in unopened containers, etc.). Soap and shampoo will be provided.
 - Small makeup bag
 - **Prescribed medications (full prescriptions must be in correct bottles or admission can be denied)**
 - Cigarettes (**SEALED PACKS ONLY**) and lighters

- **PATIENTS SHOULD NOT BRING:**
 - Aerosol sprays of any kind, hair spray, mouthwash, perfume, cologne, aftershave, valuables, nail polish or nail polish remover
 - Bedding (pillows, blankets, etc.)
 - Purses
 - Credit cards
 - Snacks, drinks, gum or candy
 - Cell phones, MP3 players, tablets, laptops, etc. (NO electronic devices of any kind.)

Following detox, individuals in supportive housing are responsible for their own toiletries including High Efficiency (HE) Laundry Soap.